



## ***FUNCTIONAL MEDICINE IS THE SCIENCE OF CREATING HEALTH!***

*The goal of your treatment here is to find the ROOT cause, not just treat symptoms, to create optimal health.*

The following are all tools we use to find the root causes:

- Applied Kinesiology (muscle testing) to check: organs, 6 puzzle piece areas and the need for nutritional supplements
- Saliva Gene test, to assess your methylation genes
- Saliva Hormone test, to check hormone levels
- Blood work
- Nutritional Assessment Questionnaire
- Talking with the patient about their own lifestyle choices.

*Not all patients will be sent for blood work or have saliva testing done.*